

Volume 4, Issue 3

September, 2009



ROMAN CATHOLIC DIOCESE OF HAMILTON IN BERMUDA

Caritas House of Prayer

Put out into the Deep!

In the waning years of his papacy Pope John Paul II left us with a wonderful invitation: "To Put Out into the Deep". These words, "Duc in altum.", were used in several of his letters but most notably in the apostolic letter, "Novo Millennio Ineunte", written at the close of the Jubilee Year of 2000. Christians everywhere have been invited to take the risk of putting out into the deep. What he was calling all Christians to do is to make serious efforts to deepen their relationship with our God of Love and then to put love into action. It is ultimately a call to holiness of life. Holiness is not something that exclusively belongs to those who minister as priests and religious but rather it is the universal call of all. The Dogmatic Constitution on the Church, "Lumen Gentium," that was promulgated by the second Vatican Council declares unequivocally that all, regardless of their vocation in life, are called to grow in holiness. Holiness of life must begin with personal prayer. Beyond celebrating Sunday Eucharist and taking time for family prayer, you are invited to enjoy some quiet time at Caritas. Every Wednesday there is an opportunity for personal prayer throughout the day as well as communal prayer by participation in Mass, "Know Your Faith" discussions or evening prayer. Monthly there is Sunday evening prayer with the focus this year on the Magnificat, Mary's Song. See the Fall schedule. Yes, this is an invitation to set out into the deep...to take your spiritual life seriously. We look forward to welcoming you. For further information call 236-5877.



Caritas House of Prayer

185 South Road

Paget DV04

Quiet Wednesdays

10:30 AM to 7 PM

Tel #: 236 -5877

Beginning on September 13, 2009 the monthly prayer evenings at Caritas focused on Mary's Song of Praise, the Magnificat. These begin at 6:30 PM and usually last until approximately 8:15 PM. These monthly prayer evenings will also include a special component in celebration of this "Year of the Priest".

We invite men and women of our diocese to join us for Evening Prayer on the Sundays listed.

"Put out into the deep," tells us, that with God's help, anything and everything can be accomplished, as it did when He told Simon "to lower his net for a catch."

Put out into the deep !

Sunday Night Prayer dates at 6:30 PM

September 13th, October 11th, November 15th, December 13th, January 17th. Remainder to be announced.

Caritas House of Prayer

Fall Schedule

10:30 AM Recitation of the Rosary

11AM – 3PM Exposition of the Blessed Sacrament

(On Mass days Exposition lasts until 5:15 PM)

3:30– 4:45 PM "Know Your Faith" Session – Understanding the Creed

(Wednesdays when no Mass is scheduled)

6:00 PM Evening Prayer or Mass

Mass Schedule (6:00 PM)

Sept. 9 Father Harry

Sept 23 Father Vladimir

October 7 Father Paul

October 21 Father Joe P

November 4 TBA

November 11 TBA

December 9 TBA

House of Prayer will be closed on Wednesday, December 2, 2009

Take these beautiful words of St. Leo the Great to heart:

“Let Mary’s soul be in each of you to proclaim the greatness of the Lord. Let her spirit be in each to rejoice in the Lord. The Lord is magnified, not because the human voice can add anything to God, but because He is magnified in us.”

September 13th, 6:30 PM:

Our prayer theme: “My soul magnifies the Lord—An attitude of gratitude



Important Notice:

Sisters Dolores and Judith will be celebrating their Golden Jubilees at Mass on Sunday, October 18th at 3 PM in St. Theresa’s Cathedral. The Diocesan Choir will enhance our liturgy.

All are invited to attend. A reception will follow in St. T’s Hall.

Please note: No gifts are expected nor needed. Your presence will be gift enough.

Upcoming Events

1. See parish bulletins for dates of Lectio Divina sessions at St. Theresa's.
2. MSA bazaar: October 16th and 17th.
3. Jubilee Celebration: October 18th
4. St. Patrick's 40th anniversary: October 25th.
5. Friday, January 29th and January 30th—Annual Assembly with the exciting topic: "Theology of the Body"
6. Women's retreat: Dates to be announced.

How can we help?

Caritas House of Prayer is here for you. What programs or events would you like to see Sister Dolores and me offer to help you grow, to help you to set out into the deep. Please let us know.

Another Invitation!

Does anyone want to use his/her green thumb? We are offering a section of our grounds for you to plant a vegetable garden. The produce would be yours.

Look around! Everywhere you go, they're running, jogging, walking, cycling...or they're off to the health and athletic clubs. This is good because we are bound by the fifth commandment to take care of ourselves. However, we are made up of body and soul and we must remember that spiritual health matters, even more than bodily health.

Our world is broken and bruised and with each day's news one can almost become inured to the pain, the hate, the crime. One wonders how we can make God more present in our world. For centuries people fought for freedom of religion. Now, we live in a world where many want to be freed from religion. In the past the culture supported our faith but this is no longer true and in fact the very opposite is happening. Our faith is being attacked on all sides by consumerism, materialism, and an "anything goes" mentality. Our spiritual health demands that we take stock of the ways we expend time and energy and set aside time daily to focus on our God who loves each of us unconditionally.

Quiet Wednesdays here at Caritas provide the opportunity for some personal, quiet time. Whether you stop by for fifteen minutes or several hours, you definitely will be providing food for your soul and prayers for our world! All are welcome!