



### Why are we giving HUGS?

Mount Saint Agnes Academy has been participating in the “Dare to Care” program for 3 years and on Friday, October 22<sup>nd</sup> a team of approximately 40 students met to organize events that will continue the enthusiasm started with “Dare to Care”. Many projects and activities will be initiated to make sure we keep the “change” ongoing.

The group of students came together to talk about what they learned from the “Dare to Care” experience.

- They wanted to keep the great feeling of being included and involved alive in the school.
- They want to put a stop to bullying, unnecessary gossiping and exclusion of classmates.
- They want to let everyone know that we care about them.

So for their first initiative, was giving each person a “hug”. Remember everyone needs 12 hugs a day. The initiative took place yesterday, Monday, October 26 and they started with giving each student a Hershey “hug” to share the good feelings and wishes it brings.



Members of the “HUG” Team: Sierrah Raynor, Ashauntaé Trimm, Nathan George, Jashonae Smith, Heather Bleem Stephanie DeSilva, Michelle Araujo, James Barber, Torri Wilson, Honor Darrell, Courtney Longworth, Shannon Wade (Missing: Shane Antonion)

If you have any questions about “HUG” day or about the “Be the Change” team please contact Lisa Anne Bardgett at 292-4134 ext 1906 or email: [lbardgett@msa.bm](mailto:lbardgett@msa.bm)